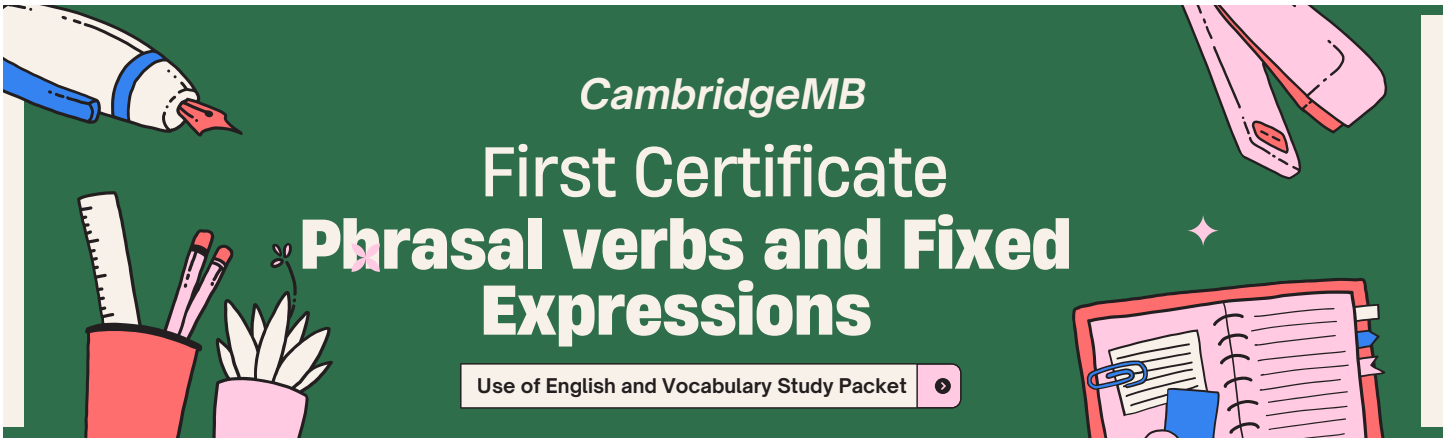


UNIT 1: PLANS AND JOURNEYS

TASK 1A. Match each phrasal verb to its meaning. Write the letter next to the number.

1. call off _____	a. arrive, especially when you are not expected
2. drop off _____	b. officially put your name down to join a course or activity
3. head off _____	c. take someone or something to a place in a vehicle and leave them there
4. head to _____	d. decide that something will happen later than planned
5. put off _____	e. go in the direction of a place
6. set off _____	f. start a journey
7. set up _____	g. cancel something
8. sign up _____	h. leave a place in order to go somewhere else
9. take part _____	i. be involved in an activity with other people
10. turn up _____	j. create or establish something (a business, a system)

TASK 1B. Write.

You are organising a New Year's Eve party. Write 5 or 6 sentences about your plans. Use at least five verbs from this unit. Underline the phrasal verbs.

TASK 1C. Choose the correct phrasal verb (A, B or C).

1. The football match was _____ because of the snow.	A. turned up B. called off C. signed up
2. We need to _____ early tomorrow to avoid the traffic.	A. set up B. sign up C. set off
3. I'm going to _____ for a cooking course in January	A. sign up B. take part C. call off
4. Could you _____ these books at the library on your way home?	A. head to B. set up C. drop off
5. Don't _____ your homework until the last day!	A. call off B. put off C. turn up
6. Only five people _____ at the meeting. Everyone else forgot	A. turned up B. took part C. set up
7. She _____ her own company when she was twenty-five	A. headed to B. put off C. set up
8. After the film, we _____ the cafe for a hot chocolate	A. headed to B. set off C. took part

UNIT 2: PROBLEMS AND SOLUTIONS

TASK 2A. Write the phrasal verb. The first letter of each word is given.

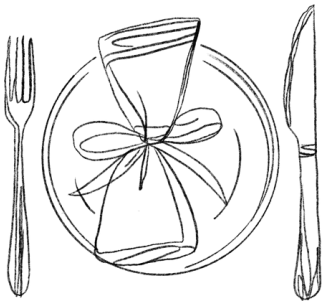
1. to think of a new idea or plan: c____ u_ w____
2. to take action to solve a problem: d____ w____
3. to understand something after thinking hard: f_____ o__
4. to discover a fact or a piece of information: f____ o__
5. to avoid a difficulty or a rule: g__ a_____
6. to look at something again carefully to check it: g_ o____
7. to do something badly or spoil it: m____ u_
8. to tell someone something they have not noticed: p_____ o__
9. to decide that something is impossible: r____ o__
10. to calculate something or find the answer to a problem: w____ o__





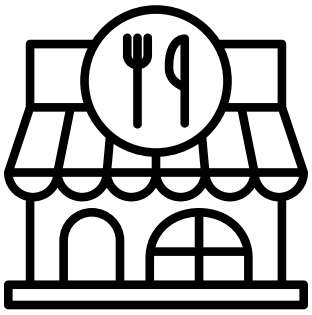


TASK 2B. Complete the email with the correct form of a phrasal verb from exercise 2A. Use each verb once



Hi Laura,

I need your help! I'm organising a Christmas dinner for twenty people and I'm already in trouble. First, I tried to (1) _____ the cost per person, but maths isn't my strong point, so I think I (2) _____ the numbers. Can you (3) _____ them with me this weekend?



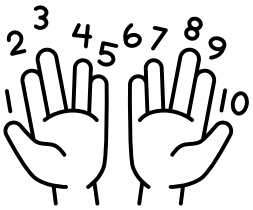
I also had to (4) _____ what time the restaurant closes, and it's 11 p.m.! That's too early for us, but I think we can (5) _____ the rule if we book the whole room. Marcos (6) _____ that some guests are vegetarian, so we can (7) _____ a turkey-only menu. I'll try to (8) _____ a better plan, and I'll (9) _____ the other problems myself, but I can't (10) _____ why the restaurant hasn't answered my emails!

Love,

Ana

UNIT 3: PEOPLE AND FREE TIME

TASK 3A. Read each sentence. Guess the meaning of the phrasal verb in capitals. Circle a or b.



1. You can COUNT ON Maria. She never forgets a promise.

a. wait for someone to arrive

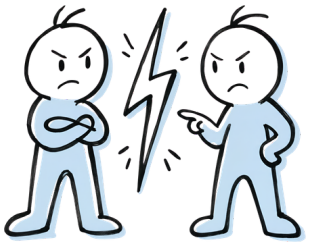
b. be sure that someone will help you or do what they promise



2. Whether we have the picnic DEPENDS ON the weather.

a. is decided or influenced by

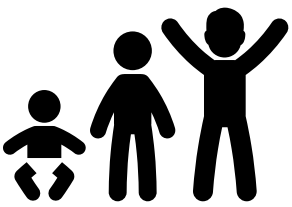
b. is spoilt by



3. Leo and Max FELL OUT because Max told Leo's secret, and they haven't spoken since.

a. went out together

b. had an argument and stopped being friendly



4. She GREW UP in Valencia and moved to Madrid when she was eighteen.

a. spent her childhood and became an adult

b. became taller than her parents

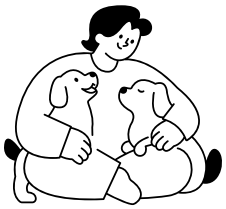
5. On Saturdays I usually HANG OUT with my friends in the park.



a. spend relaxed time with friends

b. play sport with friends

6. Could you LOOK AFTER my dog this weekend? I'm going away.



a. look for

b. take care of

7. They argued all morning, but they MADE UP before lunch.



a. became friends again after an argument

b. invented a story

8. Stop MESSING ABOUT and do your work!



a. making a lot of mess

b. behaving in a silly way and wasting time

9. I can't PUT UP WITH the noise from the street any longer.



a. accept something annoying without complaining

b. fix something that is broken

TASK 3B. Complete the conversation with the correct form of a phrasal verb.

Sam: Are you doing anything over the holidays?

Eva: Not much. I'll (1) _____ with my friends in town and maybe watch some films.

Sam: Nice. Are you still angry with Sara? I heard you two (2) _____ last week.

Eva: We did, but we've already (3) _____. It was a silly argument.

Sam: Good. What about your little brother? Will you (4) _____ him while your parents are away?

Eva: Yes. He always (5) _____ and never does his homework. But I can (6) _____ it for a few days.

Sam: Don't worry, you can (7) _____ me if you need help.

Eva: Thanks! I'll do everything at home. Whether we go out again (8) _____ the weather, of course

TASK 3C. Find the mistake. Each sentence has one mistake with a phrasal verb. Correct it.

1. I still count in my old friends when I need advice.
2. She looks after at her grandmother every weekend.
3. They had an argument, but they made it up yesterday.
4. I can't put up it with this noise any longer.
5. Whether we go out depends of the weather.



UNIT 4: CHANGE AND PROGRESS

TASK 4A. Read each sentence. Match the phrasal verb in capitals with its meaning (a-j). Write the letter next to the number.

1. You need to BUILD UP your strength slowly after an illness. _____
2. The rain was heavy, but they CARRIED ON walking. _____
3. We got lost and ENDED UP in a tiny village. _____
4. Don't GIVE UP now! You're so close to finishing. _____
5. The course is hard, and I'm finding it difficult to KEEP UP WITH the others. _____
6. Come to the party, or you'll MISS OUT on the fun! _____
7. The meeting is over, so let's MOVE ON to the next topic. _____
8. I PICKED UP some Italian while I was living in Rome. _____
9. He TOOK UP karate when he was ten. _____
10. I thought the film would be boring, but it TURNED OUT to be very funny. _____

a. learn a skill or language gradually, without formal lessons

b. have a particular result, especially an unexpected one

c. stop trying, or stop doing a habit

d. gradually increase or become stronger

e. leave one situation or activity behind and start another

f. start doing a new hobby or activity

g. finally be in a place or situation, often without planning it

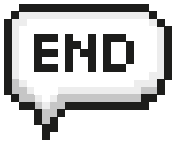
h. go at the same speed or level as other people

i. continue doing something

j. lose the chance to enjoy or benefit from something









TASK 4B. Complete the story with the correct form of a phrasal verb from Exercise 4A. Use each verb once.

Last winter I decided to (1) _____ ice skating. At first I fell over all the time and nearly (2) _____, but my cousin told me to (3) _____ practising. Slowly I (4) _____ my confidence, and after a month I could (5) _____ the other skaters. I even (6) _____ a few tricks by watching videos online.

I'm so glad I didn't quit, because I would have (7) _____ on a lot of fun. I (8) _____ joining a local team, and it (9) _____ to be the best decision of the year. Now it's time to (10) _____ and try something new, perhaps skiing!

UNIT 5: THE REST

TASK 5A. Match the beginning of each sentence (1-10) with its ending (a-j).

1. It was pouring down, so	a. his strange behaviour.
2. She turned down the job because	b. the salary was too low.
3. I wanted to get out of the washing-up, so	c. I said I had homework to do.
4. He finally managed to finish the marathon,	d. with the whole family.
5. We can't decide where to go. It's up to	e. hard work and a lot of practice.
6. Their success is down to	f. I can't come to dinner tonight.
7. I'd love to try out	g. you, so please choose.
8. Something urgent has come up, so	h. although his legs hurt a lot.
9. I think a lot of jealousy lies behind	i. we stayed in and played cards.
10. The film went down well	j. the new skates I got for Christmas.

TASK 5B. Complete the second sentence so that it has a similar meaning to the first. Use the word given. Do not change it. Use two to four words.

1. It's your decision where we go.

UP

It's _____ where we go



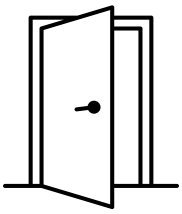
2. Her success was the result of hard work.



DOWN

Her success _____ hard work

3. He succeeded in opening the door.



MANAGED

He _____ the door.

4. She refused the invitation.



TURNED

She _____ the invitation.

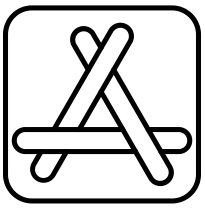
5. It rained very heavily all night.



POURING

It _____ all night.

6. I want to test the new app.

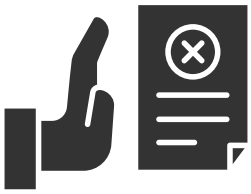


TRY

I want to _____ the new app

TASK 5C. Write full answers. Use the phrasal verb in brackets.

1. What would you like to try out this year? (try out)
2. Have you ever turned down an invitation? Why? (turn down)
3. What do you do to get out of a job you don't like? (get out of)
4. Tell me about a time when you managed to do something difficult. (manage to)
5. Who or what is your success at school down to? (be down to)
6. What is the weather like where you live in winter? (pour down)
7. What present went down well with your family this year? (go down well)



REVIEW

Circle the correct word.

1. Can you look (after / for / up) my cat while I'm away?
2. We have to put (off / out / on) the match until next week.
3. I can't put up (with / to / for) his terrible jokes.
4. She gave (off / up / in) smoking last year.
5. It depends (on / of / from) the weather.
6. They fell (out / off / down) after a silly argument.
7. We ended (down / up / out) in a tiny village.
8. The meeting was called (off / out / up) because of the storm.
9. I'm going to find (out / up / off) what time the shops close.
10. Please carry (on / up / out) with your work

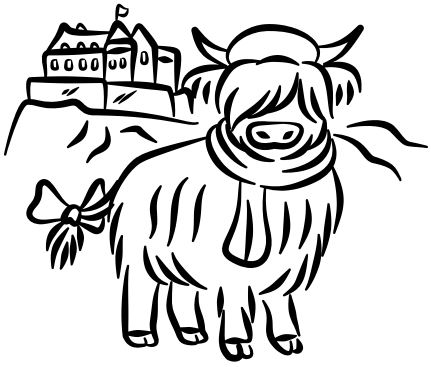



EXAM PRACTICE - USE OF ENGLISH, PART 1

Multiple-choice cloze. Time: about 10 minutes.

For questions 1-8, read the text below and decide which answer (A, B, C or D) best fits each gap.

A new start



When Daniel's company offered him a job in Edinburgh, he nearly (1) _____ the offer because he didn't want to leave his friends. His new manager asked him to (2) _____ some fresh ideas for a project, which he found exciting, but at first it was hard to (3) _____ the amount of work. It was also difficult to (4) _____ his colleagues, who all worked incredibly fast. Luckily, they (5) _____ to be a very friendly group, and one of them invited him to join a running club. He (6) _____ running that autumn and has loved it ever since. 'It's easy to (7) _____ big changes,' he says, 'but you never know how good something is until you (8) _____ new things

1. A. put off B. turned down C. called off D. went over
2. A. put up with B. end up with C. come up with D. keep up with
3. A. get out of B. look after C. go over D. deal with
4. A. keep up with B. fall out with C. make up with D. give up
5. A. carried on B. ended up C. came up D. turned out
6. A. set up B. took up C. turned up D. made up
7. A. set off B. hang out C. put off D. head off
8. A. give up B. carry on C. try out D. take care of

EXAM PRACTICE - USE OF ENGLISH, PART 2

Open cloze. Time: about 10 minutes.

For questions 1-8, read the text below and think of the word which best fits each gap. Use only one word in each gap.

Family dinners

Everyone in my family has strong opinions, so dinner often ends (1) _____ in an argument. Last Sunday my brother and I fell (2) _____ over politics, and we didn't speak for two days. Eventually we made (3) _____, but only because Mum threatened to call (4) _____ the family lunch. I'm trying to come (5) _____ with ways to avoid these arguments. I try to deal (6) _____ disagreements calmly, but my sister thinks it's down (7) _____ me to apologise first, and I don't see why. Perhaps we should simply go (8) _____ the rules before the next dinner



EXAM PRACTICE - USE OF ENGLISH, PART 4

Key word transformations | Suggested time: 10–12 minutes
For questions 1–8, complete the second sentence so that it has a similar meaning to the first sentence, using the word given. Do not change the word given. You must use between two and five words, including the word given. There is an example at the beginning (0).

0. They cancelled the outdoor concert because of the storm.
OFF
The outdoor concert _____ *was called off* _____ because of the storm.

1. Although the journey was exhausting, we continued driving until midnight.

ON

Despite being exhausted, we _____ until midnight.

2. I regret not registering for the photography course earlier.

SIGNED

I wish _____ for the photography course earlier.

3. The coach said that postponing the match was unavoidable.

PUT

According to the coach, the match had _____ .

4. I only discovered that the flight had been cancelled when I reached the airport.

FIND

Not until I reached the airport _____ the flight had been cancelled.

5. Without regular practice, it may be difficult to stay at the same level as the others.

KEEP

Unless you practise regularly, you may not _____ with the others.

6. She was surprised that her suggestion was so popular with the committee.

DOWN

To her surprise, her suggestion _____ with the committee.

7. They eventually found a way to solve the problem after discussing the problem for hours.

CAME

After hours of discussion, they finally _____ solution.

YOUR CHRISTMAS PLAN	HOW TO WORK ON YOUR OWN
Session 1: Unit 1 - Plans and journeys Session 2: Unit 2 - Problems and solutions Session 3: Unit 3 - People and free time Session 4: Unit 4 - Change and progress Session 5: Unit 5 - The rest Session 6: Review and exam tasks	1. Do the tasks in pencil. 2. Finish the whole unit BEFORE you look at the answers. 3. Check your answers at the back. Write every verb you got wrong in your notebook with your own example sentence. 4. Two days later, cover the answers and try the unit again

B2 FIRST – PHRASAL VERBS

Teacher's Guide and Complete Answer Key

UNIT 1: PLANS AND JOURNEYS

Task 1A – Matching

1. g – call off
2. c – drop off
3. h – head off
4. e – head to
5. d – put off
6. f – set off
7. j – set up
8. b – sign up
9. i – take part
10. a – turn up

Task 1B – Writing (sample answer)

I'm setting up a group chat to organise our New Year's Eve party. I've asked everyone to sign up for a different job. We'll set off early to buy the food and drop off the decorations at my house. I hope everyone turns up on time! If the weather is terrible, we might have to put off the outdoor activities, but we definitely won't call off the party.

Accept any coherent response of 5–6 sentences containing at least five correctly used target expressions.

Task 1C – Multiple choice

1. B – called off
2. C – set off
3. A – sign up
4. C – drop off
5. B – put off
6. A – turned up
7. C – set up
8. A – headed to

UNIT 2: PROBLEMS AND SOLUTIONS

Task 2A – Complete the phrasal verbs

1. come up with
2. deal with
3. figure out
4. find out
5. get around
6. go over
7. mess up
8. point out
9. rule out

10. work out.

Task 2B – Complete the email

1. work out
2. messed up
3. go over
4. find out
5. get around
6. pointed out
7. rule out
8. come up with
9. deal with
10. figure out

Teaching note: *Get around the rule* means to find a way of avoiding a restriction. It does not necessarily mean obtaining permission to change it.

UNIT 3: PEOPLE AND FREE TIME

Task 3A – Multiple choice

1. b – count on
2. a – depend on
3. b – fall out
4. a – grow up
5. a – hang out
6. b – look after
7. a – make up
8. b – mess about
9. a – put up with

Task 3B – Complete the conversation

1. hang out
2. fell out
3. made up
4. look after
5. messes about
6. put up with
7. count on
8. depends on.

Task 3C – Correct the mistakes

1. I still count **on** my old friends when I need advice.
2. She looks **after her grandmother** every weekend.
3. They had an argument, but they **made up** yesterday.
4. I can't **put up with it** any longer.
5. Whether we go out **depends on** the weather.

UNIT 4: CHANGE AND PROGRESS

Task 4A – Matching

1. d – build up
2. i – carry on
3. g – end up
4. c – give up
5. h – keep up with
6. j – miss out
7. e – move on
8. a – pick up

9. f – take up
10. b – turn out

Task 4B – Complete the story

1. take up
2. gave up
3. carry on
4. built up
5. keep up with
6. picked up
7. missed out
8. ended up
9. turned out
10. move on

UNIT 5: THE REST

Task 5A – Matching

1. i
2. b
3. c
4. h
5. g
6. e
7. j
8. f
9. a
10. d

Task 5B – Sentence transformations

1. up to you
2. was down to
3. managed to open
4. turned down
5. was pouring down
6. try out

Task 5C – Speaking/Writing (sample answers)

1. I'd like to try out rock climbing this year.
2. Yes, I once turned down an invitation because I was too tired.
3. I sometimes try to get out of doing the washing-up.
4. I managed to finish a difficult race last summer.
5. My success at school is down to regular revision and support from my teachers.
6. It sometimes pours down for several days in winter.
7. The board game I bought went down well with my family.

Accept alternative answers that use the target expression accurately and appropriately.

REVIEW

1. after
2. off
3. with
4. up
5. on
6. out
7. up
8. off
9. out

10. on

EXAM PRACTICE – READING AND USE OF ENGLISH PART 1

A New Start – Multiple-choice cloze

1. B – turned down
2. C – come up with
3. D – deal with
4. A – keep up with
5. D – turned out
6. B – took up
7. C – put off
8. C – try out

EXAM PRACTICE – READING AND USE OF ENGLISH PART 2

Family Dinners – Open cloze

1. up
2. out
3. up
4. off
5. up
6. with
7. to
8. over

EXAM PRACTICE – READING AND USE OF ENGLISH PART 4

Key Word Transformations

1. **carried on driving**

Despite being exhausted, we carried on driving until midnight.

Tests: *carry on + -ing*; contrast between *although* and *despite*.

2. **I had signed up**

I wish I had signed up for the photography course earlier.

Tests: *wish + past perfect* for past regrets; *sign up for*.

3. **to be put off**

According to the coach, the match had to be put off.

Tests: passive infinitive after a modal verb; *put off*.

4. **did I find out**

Not until I reached the airport did I find out the flight had been cancelled.

Tests: negative inversion after *not until*; *find out*.

5. **be able to keep up**

Unless you practise regularly, you may not be able to keep up with the others.

Tests: *unless*; modal + *be able to*; *keep up with*.

6. **went down well**

To her surprise, her suggestion went down well with the committee.

Tests: *go down well with*; past simple; idiomatic language.

7. **came up with a**

After hours of discussion, they finally came up with a solution.

Tests: *come up with*; past simple; article use.

TEACHING AND MARKING NOTES

For Cambridge B2 First Part 4:

- Students must use 2–5 words, including the given word.
- The key word must not be changed.
- The second sentence must preserve the meaning of the first.
- Each transformation is worth up to 2 marks.
- Encourage students to identify the grammatical structure as well as the phrasal verb.

For the open-ended writing and speaking activities, accept alternative responses provided the phrasal verbs are used correctly in context.